



Medical Aid in Dying Checklist

Introduction

- Who we are, our backgrounds as end-of-life doulas
- Background on MAiD in our state and our experience with MAiD
- Business cards
- How we work (in tandem)
- Inform the client that we will be responsible for mixing the MAiD medication

About the Client

- Check on current issues or problems
- Obtain information about loved ones and/or family
- Where will the client be taking the medication
- Who will be present
- Personal touches (music, photos, blanket)
- Any religious or spiritual beliefs

Details

- Diagnosis
- Current medications
- Prescribing MAiD doctor name & contact
- Hospice info & contact
- Take photos of MAiD medication
- Take a photo of POLST
- Take a photo of the advanced directive
- Inquire about funeral home/arrangements
- Review contract and sign
- Parameters of us staying the day of ingestion, how many hours we will be present
- Discuss what will happen if something goes wrong
- Reassure the client that we will coach through the ingestion process
- Consider the desired day and time of ingestion



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Two Days Prior to Ingestion

- Check for any changes in physical status (nausea, vomiting, bowel movements)
- Swallow test (watch client drink 4 ounces of clear liquid in 2 minutes)
- Review MAiD medications and the timeline for the day of ingestion
- Inquire about sorbet, alcohol, apple juice
- We will be in touch the day before ingestion day
- Early dinner the night before is the last meal
- Clear liquids/no dairy/no carbonation after dinner (apple juice, water, clear broth)

Day of Ingestion

- Items to bring: tray, apple juice, measuring cup, funnel, bowl, spoon, napkins, sorbet, paper towels, gloves, towels, personalized note cards, and colored pens
- Provide education about the dying process as it is unfolding
- Upon death call the hospice
- If requested we will call the funeral home
- Document time of ingestion of MAiD medication, time to unconsciousness, time to death (provide this information to the MAiD prescribing doctor)
- Follow-up with loved ones 2 weeks after the death